JuuvaFIT QUEST

TRANSFORMATION TRACKER

WEEKLY TRACKER

Week of: _____

Goal for the week: _____

Goal accomplished?: ☐

WEEKLY WEIGHT

Tuesday Weight: _____

Monday Weight: _____

NEW YEAR 2026

January 13 - March 16, 2026

MY JUUVAFIT PARTICIPANT POINTS

			TUES	WED	THUR	FRI	SAT	SUN	MON	TOTAL
ORDER	**1 pt for every $1 spent on Juuva products in a 4-week period** · Dec 23 to Jan 19, Jan 20 to Feb 16, Feb 17 to Mar 16*^	max of 150 pts per 4-week period	Added by JuuvaFIT admin							
HYDRATE	**1 pt each for drinking water** Drink 64 ozs of water - using Allwater Drops or water from the C7 pitcher	2 pts max daily								
SUPPLEMENT	**1 pt each for taking Juuva products** Galaxy, Ginger, Live, M-Phyt Capsules, M-Phyt Oil, NutraHG, Refit, Refuel, Rejuv, TRUSILVR, Turmeric, Zing	5 pts max daily								
RECOVER	**1 pt for sleeping** Sleep a minimum of 7 hours in any 24-hour period	1 pt max daily								
IMPROVE	**1 pt each for accomplishing** Minimum of 10 minutes of self-improvement and/or Show gratitude to someone	2 pts max daily								
LEARN	**10 pts for watching** Watch live or the replay of the Weekly JuuvaFIT Commit	10 pts max weekly								
NOURISH	**2 pts for tracking** Track all of your food/drink and stay within your calories or macros	2 pts max daily								
MOVE	**1 pt for Move of the Week** Complete the 1-minute move of the week	1 pts max daily - 6 days a week								
STEPS	**1 pt for reaching your STEPS goal** Complete your Step goal (minimum of 2,500 per day)	1 pt max daily - 7 days a week								
ACTIVITY	**2 pts for each 15 minutes of continuous exercise** Includes time for walking, weightlifting, swimming, etc	6 pts max daily - 6 days a week								
SOCIAL	**2 pt each for posting on Social Media** Post on your personal social media and/or on the JuuvaFIT Facebook page about JuuvaFit	8 pts max weekly								
									WEEKLY TOTAL	

MY JUUVAFIT TEAM POINTS

CONNECT	**2 pts** daily for communicationg with team or team member	2 pts max daily - 6 days a week								
ENGAGE	**10 pts** weekly for joining your weekly TEAM call	10 pts weekly								
ACHIEVE	**50 pts** for becoming a JuuvaFIT Quest Conqueror	50 pts	Added by JuuvaFIT admin							
									WEEKLY TOTAL	

MY JUUVAFIT BONUS POINTS*

LOSE	**1 Individual and Team pt** per pound lost during the New Year Quest
NEW	**100 Individual and Team pts** when your 1st JuuvaFIT Quest is joined
ENROLL	**100 Individual and Team pts** for each new personally enrolled Customer or Brand Partner with at least an initial order of 70 PV and completes the JuuvaFIT sign-up between December 23 to February 16
PURCHASE	**10 Team pts** for each additional $50 in Juuva Products ordered over the $150 purchase within the 4-week period^

*JuuvaFIT admin will add these points.

^If two JuuvaFIT participants have the same Customer or Brand Partner ID, product pts are split equally. (i.e. $150 in purchases, each participant will receive 75 pts. In this example, purchase bonus pts do not start until $300 is purchased).

Remember to complete your weekly point check-in by Friday each week for full points. Check-ins after Friday will only earn 60% of points. Go to juuvafit.com or scan the QR Code to check in.

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