



SUNSATIONAL CHALLENGE

MAY 17 TO JULY 18, 2022

WEEKLY TRACKER

Week of: _____

Goal for the week: _____

- CORE HEALTH
- FAT LOSS
- STRONG

MY JUUVAFIT PARTICIPANT POINTS

			Tue	Wed	Thur	Fri	Sat	Sun	Mon	Total
ORDER	1 pt for every \$1 spent on Juuva products each 4-week period:* · April 26 to May 23 · May 24 to June 20 · June 21 to July 18	up to 150 pts per 4-week period	Added by JuuvaFIT admin at the end of each 4 week period							
SUPPLEMENT	1 pt each daily for taking: · Galaxy · Ginger · Live · M-Phyt Capsules · M-Phyt Oil · NutraHG · TRUSILVR · Turmeric · Zing	4 pts max daily								
REJUVANATE	2 pts each daily for using: · ReFIT · Rejuv+ · ReFuel	6 pts max daily								
NOURISH	2 pts each daily for consuming: · Track and stay within your macros each day based on your category. (Macros found under Resources on juuvafit.com.)	2 pts max daily								
HYDRATE	1 pt each for drinking: · 64 oz of water · Using water from C7 Pitcher or Allwater Drops	2 pts max daily								
MOVE	1 pt daily for completing: · Exercise for a minimum of 15 minutes for Core/Fat Loss or 45 minutes for Strong · 1 minute of JuuvaFIT weekly workout	2 pts max daily - 6 days/week								
RECOVER	1 pt each for sleeping: · Sleep a minimum of 7 hours in any 24-hour period	1 pt daily								
IMPROVE	1 pt each for accomplishing: · Minimum of 10 minutes of self improvement · Show gratitude to someone	2 pts daily - 6 days/week								
LEARN	10 pts for watching: · Weekly JuuvaFIT Commit	10 pts max weekly								
SHARE	Possible points: · Post on personal social media about JuuvaFIT (2 pts) · Post on JuuvaFIT Challenge FB page (2 pts) · Talk to someone new about JuuvaFIT (2 pts)	10 pts max weekly								

WEEKLY TOTAL

MY JUUVAFIT TEAM POINTS

CONNECT	2 pts daily for communicating with team or team member	2 pts max daily - 6 days/week								
ENGAGE	10 pts weekly for joining your weekly TEAM call	10 pts weekly								
ACHIEVE	50 pts each when Warrior and Top Achiever is earned	100 pts when both are earned	Added by JuuvaFIT admin on the week achieved							

WEEKLY TOTAL

MY JUUVAFIT BONUS POINTS*

LOSE	1 Individual pt per pound and/or per inch lost (around the waist measurement) during Challenge	
NEW	50 Individual AND Team pts when the 1st JuuvaFIT Challenge is joined	
ENROLL	50 Individual AND Team pts for each new personally enrolled Customer or Distributor with at least an initial order of 70 PV and completes JuuvaFIT registration from April 19 to June 27	
PURCHASE	10 Team pts per each additional \$50 Juuva products order over the \$150 purchase within the 4-week periods^	

*JuuvaFIT admin will add these pts at the end of each 4-week period and/or at the end of the Challenge.

^If two JuuvaFIT participants have the same Customer or Distributor ID, product pts are split equally. (i.e. \$150 in purchases, each participant will receive 75 pts. Bonus pts do not start until \$300 is purchased).

Remember to complete your weekly point check-in by Friday each week for full points. Check-ins after Friday will only earn 60% of points. Go to juuvafit.com or scan the QR Code to check in.

